

**Government of Punjab**  
**Department of Food Civil Supplies and Consumer Affairs**  
**(Food Distribution Branch)**  
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No.: IFD (1455)-2020/355

Dated: 21/3/2020

**ORDERS**

The list of Essential Commodities as per the provisions in the Essential Commodities Act 1955 as applicable in the state of Punjab include five items groups i.e. Food grains (Rice, Wheat, Atta), Pulses (Gram, Tur, Urad, Moong, Masur), Edible Oils (Groundnut Oil, Mustard Oil, Vanaspati, Soya Oil, Sunflower Oil, Plam Oil), Vegetables (Potato, Onion, Tomato) and other items (Sugar, Gur, Milk, Tea, Salt). Further added essential commodities are masks (2ply & 3ply surgical masks, N95 masks) & hand sanitizers.

In view of the urgency because of COVID-19 pandemic, the followings services are declared as Essential Services:

- i) Supply of groceries.
- ii) Supply of beverages.
- iii) Supply of fresh fruits and vegetables.
- iv) Supply of drinking water.
- v) Supply of Fodder.
- vi) All food processing units supplying processed food items.
- vii) Dispensing of petrol, diesel, CNG at designated petrol /diesel / CNG pumps/ dispensing units.
- viii) Rice shellers milling the paddy.
- ix) Milk plants, dairy units, fodder making units and cattle fields.
- x) Supply of LPG (domestic & commercial)
- xi) Medicines and other pharmaceuticals from medical stores.
- xii) Health services.
- xiii) Manufacturing of medical and health equipments.
- xiv) Telecom operators and the agencies appointed by them to ensure communication services.
- xv) Insurance companies.
- xvi) Banks and ATMs.
- xvii) Post offices.
- xviii) Loading and unloading of wheat and rice for receipt in godowns and/or dispatch against Central pool/DCP/OMSS.
- xix) Transportation of essential commodities/essential services and stock articles required for procurement and storage of food

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